



**Minority Fellowship
Program**

Substance Abuse and Mental Health
Services Administration
American Nurses Association

2022

**Professional Development
and Mentoring Workshop**

**JULY
19-20**

WASHINGTON DC HILTON NATIONAL
MALL/WHARF HOTEL WASHINGTON, DC

OBJECTIVES:

Upon completion of the SAMHSA MFP/ANA 2022 Professional Development and Mentoring Workshop participants will be able to:

- 1.** Identify strategies to use for self-care from the ANA's Healthy Nurse Healthy Nation initiative.
- 2.** Describe the importance of joining professional organizations.
- 3.** Name at least three strategies that will facilitate achieving work-life balance while pursuing professional and personal goals.
- 4.** Explain how using social media is important to leveraging a professional career.
- 5.** Discuss the process of building a trusting mentor/mentee relationship.



Time	Event	Speaker	Room
9:00-9:45am	<p>Breakfast, Gathering, and Mingling</p> <p>Welcome: Dr. Eugenia Isabel Flores Millender Chair, MFP/ANA National Advisory Committee</p> <p>Greetings: Dr. Liz Stokes Director, ANA Nursing Practice and Center on Ethics</p>	All Participants	Mt. Vernon
9:45-11:00am	<p>Introductions and Workshop Objectives</p> <p>Ice Breaker</p> <p>Wellness Activity: ANA Healthy Nurse Healthy Nation</p> <p>Facilitator: Dr. Teresa Combs</p>	<p>Dr. Pat Bradley, Chair NAC Training Workgroup</p> <p>Dr. Pat Bradley and Dr. Freida Outlaw</p> <p>Holly Carpenter, BSN, RN Senior Policy Advisor, ANA Nursing Practice & Work Environment</p>	Gallery Ballroom
11:00am-12 noon	<p>Joining Professional Organizations and Memberships on Boards</p> <p>Facilitator: Dr. Janet Passley-Clarke</p>	<p>Panelists: Dr. Eugenia Isabel Flores Millender</p> <p>Dr. Jacqueline Payne-Borden</p>	Gallery Ballroom
12:00-1:00pm	Networking Lunch		Mt. Vernon

TUESDAY, JULY 19

DAY 1

Time	Event	Speaker	Room
1:00-2:00pm	Managing Work-Life Balance Facilitator: Dr. Mary Lou de Leon Siantz	Dr. Karethy Edwards	Gallery Ballroom
2:00-2:45pm	Building Trusting Mentor/Mentee Relationships Facilitator: Dr. Freida Outlaw	Dr. Mijung Park Dr. LaKeetra Josey	Gallery Ballroom
2:45-3:00pm	Wellness Break	All Participants	Gallery Ballroom
3:00-3:50pm	Mentor/Mentee one-on-one Facilitator: Dr. Elizabeth Fildes		Gallery Ballroom
3:55-4:00pm	Wrap Up/Adjourn Day 1	Dr. Pat Bradley	Gallery Ballroom

Time	Event	Speaker	Location
9:00-10:00am	Breakfast One-on-one mentor/mentee	All Participants	Mt. Vernon
10:00-11:00am	<i>Addressing Titanic Syndrome with Nurses' Well-Being: How to Avoid using Old Maps with Navigating Nursing's New World</i> Facilitator: Dr. Eugenia Isabel Flores Millender	Dr. Katie Boston-Leary ANA Director, Nursing Practice and Work Environment	Gallery Ballroom
11:00am-12:00pm	<i>"3 Questions to Ask Yourself about Everything You Do"</i> TED Talk video: Stacy Abrams (12:38) www.youtube.com Facilitator: Dr. Mary Lou de Leon Siantz	Dr. Dawn Bounds	Gallery Ballroom
12:00-1:00pm	Networking Lunch		Mt. Vernon
1:00-2:00pm	<i>Words from the Wise Panel</i> Facilitator: Dr. Elizabeth Fildes	Panelists: Dr. Phyllis Sharps Dr. Janet Passley-Clarke Dr. Mary Lou de Leon Siantz Dr. Mijung Park	Gallery Ballroom
2:00-2:45pm	<i>Leveraging Social Media</i> Facilitator: Dr. Marife Aczon-Armstrong	Indrias Kassaye, MFP Communications Manager Sandra Oliver MFP Program Specialist Samuel Suraphel MFP Program Manager	Gallery Ballroom

Time	Event	Speaker	Location
2:45-3:45pm	<i>Opening Doors: Mentors and Sponsors</i> Mentor/Sponsor video, (4:53) www.youtube.com Facilitator: Dr. Freida Outlaw	Dr. Audrey Strock Dr. Freida Outlaw	Gallery Ballroom
3:45-4:00 pm	Wrap Up/Closing Remarks/Complete Workshop Survey	Dr. Pat Bradley	Gallery Ballroom

SPEAKERS & FACILITATORS

TUESDAY, JULY 19



Eugenia Isabel Flores Millender, PhD, RN, PMHNP-BC, CDE, FAAN.

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Eugenia Isabel Flores Millender, PhD, RN, PMHNP-BC, CDE, FAAN. As an indigenous Afro-Latina nurse scientist, Dr. Eugenia Millender has dedicated her career to increasing access to mental health equity and providing culturally appropriate care. Dr. Eugenia Millender is currently the Co-Founder and Co-Director for the Center for Population Sciences for Health Equity and an Associate Professor at Florida State University College of Nursing. Dr. Millender's program of research is to investigate ways to reduce mental health disparities by exploring how socio-cultural stressors and trauma influence transgenerational psychological and co-occurring physical illness through gene-environment interaction among vulnerable, underserved, and marginalized populations. She works with community-based organizations to co-create community-academic partnerships, meaningful investigations, and interventions for diverse communities. Previously, Dr. Millender was a Research Associate at the Center for Indigenous Nursing Research for Health Equity (INRHE) at Florida State University. In addition, in 2014, she founded the Florida Atlantic University Christine E. College of Nursing Nurse-led community health center in West Palm Beach, Florida. This center is grounded on caring philosophy and dedicated to increasing access to quality and culturally sensitive integrated care for underserved populations while serving as a vibrant laboratory for current and future practitioners and scientists.

Dr. Millender currently serves on several national boards and leadership positions, such as the American Psychiatric Nurses Association (APNA) board as Member-At-Large. She is also a Global Alliance for Behavioral Health and Social Justice Global Mental Health Task Force member to promote social justice and human rights and reduce behavioral health disparities. She is also a Florida State University Clinical and Translational Science Award (CTSA) Steering Committee member. In addition, Dr. Millender serves on several community boards, including the Center for Child Counseling (Vice-chair; 2013-present), EmpowHER of the Palm Beaches (advisory board; 2017-present), and the Mental Health Council of Leon County (advisory board; 2018-present).



Holly Carpenter, BSN, RN

Holly Carpenter, BSN, RN

Holly Carpenter, BSN, RN is the Senior Policy Advisor in the Nursing Practice and Work Environment and Innovation departments at the American Nurses Association. Her work at the ANA includes developing resources, policies, and educational programs on nurse health, safety, and wellness — including the Healthy Nurse, Healthy Nation™ initiative, nurse suicide prevention, immunizations and other occupational health and work environment issues.



Liz Stokes, PhD, JD, RN

Liz Stokes, PhD, JD, RN

Liz Stokes, PhD, JD, RN is the Director of the American Nurses Association Center for Ethics and Human Rights. Liz completed her Bachelor of Science in Nursing at the University of Virginia and worked several years as a critical care nurse focusing on end-of-life care issues. She received her Juris Doctor from the University of Richmond and worked as a Discipline Consultant for the District of Columbia Board of Nursing interpreting and conferring professional ethical provisions in nursing. Her expertise and leadership are also demonstrated through various charitable roles in the health and legal communities. Her passion for research has led to a PhD in Nursing Ethics from Duquesne University where she studied limited resuscitation efforts and end-of-life conflict. Liz's additional research and areas of interest include medical aid-in-dying, artificial intelligence, intellectual disabilities, and women's reproductive health. Liz's sphere of influence as a nurse-attorney-bioethicist enables a unique contribution to nursing ethics, law, and policy.



Patricia K. Bradley PhD, RN, FAAN

Patricia K. Bradley PhD, RN, FAAN

Patricia K. Bradley PhD, RN, FAAN, is an Associate Professor and Associate Dean of Inclusive Excellence, at the Fitzpatrick College of Nursing (FCN) at Villanova University. As a leading expert in psychiatric mental health nursing, her psychiatric nursing education presentations and curriculum consultations have been national and international including in Muscat, Oman at the Omani Institute of Technology.

An alumna of the SAMHSA Minority Fellowship Program (MFP) at the American Nurses Association, Dr. Bradley has a particular expertise in the psycho-social aspects of breast cancer screening, diagnosis, treatment, and survivorship among African American women. Dr. Pat, as the community calls her, has developed training programs and materials focusing on the needs of the African American community using a psychosocial-spiritual approach. Her current work focuses on diversity, equity and inclusion, fostering cultural humility in students and healthcare providers, and eliminating health inequities. She continues to work with current fellows of the MFP as a mentor and with program graduates through the Minority Fellowship Graduate Association (MFGA) and is a member of the National Advisory Committee.

Dr. Bradley is a fellow in the American Academy of Nursing and serves as Chair of the Academy's Cultural Competence & Health Equity Expert Panel and a mentor for their National Policy Mentoring Council (NPMC) for the Jonas Policy Scholars Program. She is Chair-Elect of the American Association of Colleges of Nursing's Diversity Equity and Inclusion Network, has served on the writing group focused on Institutional Viability and Capacity for the Diversity, Equity, and Inclusion Faculty Tool Kit and a recent graduate of the Diversity Leadership Institute.



*Freida Hopkins Outlaw,
PhD, RN, APRN, FAAN*

Freida Hopkins Outlaw, PhD, RN, APRN, FAAN

Freida Hopkins Outlaw, PhD, RN, APRN, FAAN was appointed September 1, 2015, as Executive Academic Consultant to provide academic and scientific oversight to the MFP. Dr. Outlaw has had a long-standing relationship with the program including participation as a Fellow from 1981 - 1983 and subsequently serving on the MFP National Advisory Committee. She brings to the program significant expertise in the area of mental health and substance use and experience in providing services across the patient spectrum in a variety of settings, with specific expertise in child, adolescent and family mental health.



*Teresa Combs, PhD,
APRN-BC*

Teresa Combs, PhD, APRN-BC

Teresa Combs, PhD, APRN-BC, is the founder of Living and Growing, LLC a mental health wellness center in Silver Spring MD. She founded this wellness center in 2018 after her retirement from the Uniformed Services University for the Health Services in Bethesda Md. She is a member of the MFP's National Advisory Committee.

Dr. Combs earned a PhD from The Catholic University of America in 2012. Prior to this, she earned a Post-Master's Certification as a Family Psychiatric Nurse Practitioner from The University of Maryland, an MSN in mental health from the Southern Connecticut State University, a BSN, from Michigan State University, and a BS degree in Urban Community Health from Michigan State University. After 5 years as a Neuro/ICU nurse, she started her profession in mental health at the Yale University Department of Psychiatry, Substance Abuse Treatment Unit (SATU).

A major highlight during her tenure as an American Nurses Association SAMHSA Minority Fellow, was her participating as a member of the working group at the Carter Center for Mental Health, in Atlanta Georgia. This group provided a mark-up for the Child and Adolescent Mental Health portion of the Affordable Care Act.

As a Family Psychiatric Nurse Practitioner and owner of a mental health practice, Dr. Combs treats individuals across the life-span using insight and attachment theories. She also works with couples and adolescents. Dr. Combs provides medication when necessary. She believes in combining complimentary interventions such as massage therapy, acupuncture, reiki, meditation exercise and herbal supplements with psychotherapeutic treatment.



Jacqueline Payne-Borden, PhD, RN, PMHCNS-BC

Jacqueline Payne-Borden, PhD, RN, PMHCNS-BC, is currently the Chief Nurse Executive at the United Medical Center, Washington, DC a 210-bed acute care hospital. Her specialty areas are psychiatric mental health nursing, leadership, management, and cultural awareness/sensitivity. Dr. Payne-Borden is board certified through the American Nurses Credentialing Center as an Advanced Practice Adult Psychiatric Mental Health Nurse Psychotherapist and as a Nurse Professional Development Specialist.

Jacqueline Payne-Borden, PhD, RN, PMHCNS-BC

She retired from the United States Air Force Nurse Corps with the rank of Colonel after serving for 29 years both in the reserves and active duty. Jacquie has been a hospital Field Surveyor for the Joint Commission. Dr. Payne-Borden is an alumna of the Substance Abuse and Mental Health Services Administration Minority Fellowship Program at the American Nurses Association (ANA). She currently serves on ANA's Minority Fellow Program National Advisory Committee.

Her primary research interest includes decreasing the stigma of mental illness, cultural sensitivity within the classroom and health care arena, competency of middle managers and veterans' transition from the battlefield to home. Her publications include Caribbean immigrants and mental health, integration of nursing within the service line model and evolution of counseling in Jamaica.

Dr. Payne-Borden is on the Maryland Board of Nursing's Safe Practice Committee as the psychiatric/mental health expert for nurses impaired by mental illness or substance abuse. Additional experience – fulltime and adjunct faculty at various local four-year colleges. Dr. Payne-Borden is a Lifetime Member and immediate Past President of the Jamaican Nationals Association (JNA), Washington Metropolitan Area. The JNA members engage in activities to assist both Jamaicans and friends of Jamaica.



Karethy Edwards, DrPH, APRN, FNP-BC, FAAN

Karethy Edwards, DrPH, APRN, FNP-BC, FAAN, is the associate dean for academic programs at Florida Atlantic University (FAU) and executive director of the FAU Northwest Community Health Alliance Community Health Center. Dr. Edwards' clinical practice, teaching, service and research has been directed towards decreasing health disparities and promoting health equity for culturally and ethnically diverse populations particularly African American and Native American Indians in Oklahoma. She is one of the founding members and past president of the Association of Black Nursing Faculty, and past member of the National Alaska Native American Indian Nurses Association, member of the inaugural class of the Health Research & Educational Trust of the American Hospital Association's Cultural Competency Leadership Fellowship, a W.K. Kellogg Inter-professional fellow and fellow of the American Academy of Nursing.

Karethy Edwards, DrPH, APRN, FNP-BC, FAAN

Dr. Edwards co-created the first online postgraduate and Master's in Nursing Psychiatric Mental Health Nurse Practitioner Program in Florida. As the Executive Director of the Community Health Center, children, families, adults, and elderly persons with low-incomes and homeless persons receive caring-base culturally aligned integrated primary and behavioral health care.



*Janet Passley-Clarke,
DNP, MS, CRNP, RN,
PMH-BC*

Janet Passley-Clarke, DNP, MS, CRNP, RN, PMH-BC

Janet Passley-Clarke, DNP, MS, CRNP, RN, PMH-BC is an experienced leader, healthcare executive and clinician who has immersed herself in the specialty area of behavioral health for the length of her career as a nurse. Born in Jamaica, West Indies and immigrated to the United States as a child, Dr. Passley-Clarke values the concepts of inclusivity, inclusion, and diversity within the healthcare environment. Currently, she holds the title of Manager Advanced Practice Clinicians-Psychiatry at Penn State Health-Milton S. Hershey Medical Center. Along with her managerial and clinical duties, she is actively involved in educational ventures within and outside of the organization. She is currently an advisory board member, facilitator and mentor for the Vizient Transitions to Practice Pilot program, whose goal is to retain advance practice providers, increase employee engagement and improve the quality of patient outcomes. She also facilitates onboarding activities and Interprofessional Educational activities for students from all disciplines throughout the organization. She successfully developed a Mentoring Program for the Department of Behavioral Health and Psychiatry and is currently developing a Fellowship for advanced practice providers in the specialty area of psychiatry. Her work in the community includes advisory board member for Messiah College School for Nursing and Dauphin County Pharmacy and Therapeutics Review Committee. Previously she has served as Vice-Chair Maryland Nursing Workforce Commission, member of the Commission on the Crisis of Nursing-Maryland, member of the Nurse Practitioner Regulations Committee and the Nurse Practitioner Peer Review Committee.

Dr. Passley-Clarke has been an advocate for the welfare of the psychiatric patient and the underserved. Toward that end, she has worked in a variety of academic and healthcare organizations in her long career. She has an active interest in recovery-oriented care and has published and presented, both podium and poster, in this area. To accentuate and hone her skills she devotes time to the American Psychiatry Nurses Association- Personality Disorders Task Force Advisory Panel-Cluster B and the Recovery Council Steering Committee. Dr. Passley-Clarke has a passion for raising the awareness of the public to the needs of the mentally ill while providing a role model for psychiatric nurses. She believes that psychiatric nurses, who have extended facetime with patients are best suited to provide evidence-based best practices initiatives in recovery-oriented care.

Dr. Passley-Clarke obtained her A.A. degree from the Community College of Baltimore City; her B.S.N. from Coppin State College; her M.S. from the University of Maryland-Baltimore and her D.N.P. from York College of Pennsylvania. She is currently matriculating at the Indiana University of Pennsylvania to obtain a Ph.D. in Nursing Education. She is a board-certified advanced nurse practitioner in the specialty of psychiatry by the American Nurses Credentialing Center. She is an active member of the American Nurses Association, the American Psychiatric Nurses Association, the Maryland Nurses Association, the Pennsylvania Nurses Association, the Nurse Practitioner Association of Maryland, the Pennsylvania Association of Nurse Practitioners, the Black Mental Health Alliance, and the Eastern Nursing Research Society. She is a current member of the MFP/ANA National Advisory Committee.



Lakeetra M. Josey, PhD, RN, CRNP, PMHNP-BC

Lakeetra M. Josey, PhD, RN, CRNP, PMHNP-BC

Lakeetra M. Josey, PhD, RN, CRNP, PMHNP-BC is the Co-Founder of YOUR Center, LLC. She is certified as a Family Psychiatric Mental Health Nurse Practitioner by the American Nurses Credentialing Center (ANCC) and works with patients across the lifespan. She is also Co-Founder and Medical Director of Phoenix Center for Health and Wellness, LLC, a Substance Use Disorder treatment program.

Dr. Josey graduated in 2016 with her PhD in Nursing from the University of Pennsylvania, School of Nursing. Her area of interest is in improving the physical health outcomes for people, particularly of racial and ethnic minorities, with serious mental illnesses. Her research experience has been in mental health policy and services focused on interventions that promote recovery and community integration for people with mental illnesses. Dr. Josey is certified as a Master Psychopharmacologist from the Neuroscience Education Institute. She has a wealth of clinical experience in a variety of settings including inpatient, outpatient, partial hospitals, and psychiatric consults with clients of all ages and all walks of life which informs her clinical practice and her teaching of future Psychiatric Nurse Practitioners that intern in the practice. She has also assisted in developing a behavioral health program in a Federally Qualified Health Center to help bring specialized mental health care into a Primary Care setting.

Dr. Josey is the President of the Psychiatric Mental Health Nursing, Minority Fellowship Graduate Association, an alumni organization of the Minority Fellowship Program.



Mijung Park, PhD, RN, MPH

Mijung Park, PhD, RN, MPH

Mijung Park, PhD, RN, MPH, is a tenured Associate Professor at the University of California, San Francisco (UCSF) School of Nursing. Dr. Park aims to optimize our ability to manage our own health and well-being through research and education.

As a nurse scientist and health services researcher, Dr. Park examines various social and societal factors that may affect our health and well-being. For example, she is one of the early investigators who examined how our living conditions (such as our neighborhood) impact the biological aging processes. Additionally, over the past decade, Dr. Park have extensively published on how culture provides an important context of health behaviors and health outcomes. Over the past decades, Dr. Park's research have examined the salient roles the family and informal caregivers play in successful chronic disease self-management among culturally and economically diverse populations.

Methodologically, Dr. Park has extensive training in qualitative research (specialized in Interpretive Phenomenology), quantitative data analyses using large data set, mixed methods research, and meta-analyses.

As a nurse educator, Dr. Park has keen interest and passion for educating next generations of nurses, nurse scientists, and public. She has taught both undergraduate and graduate courses about diverse topics including psychiatric mental health nursing, health policy, family theory, research methodologies, and philosophy of science. In addition, Dr. Park mentors and advises multidisciplinary team of future health care providers and scientists.

Dr. Park received her PhD from University of California San Francisco and MPH in Health Services from University of Washington Seattle. Her MPH was concentrated in Health Systems and Policy Analyses. She is a current member of the MFP's National Advisory Committee.



Katie Boston-Leary, PhD, MBA, MHA, RN, NEA-BC, CCTP

Katie Boston-Leary, PhD, MBA, MHA, RN, NEA-BC, CCTP

Katie Boston-Leary, PhD, MBA, MHA, RN, NEA-BC, CCTP, is the Director of Nursing Programs at ANA overseeing Nursing Practice and Work Environment and Healthy Nurse Healthy Nation. She has been a Registered Nurse for 27 years who specialized and certified in Perioperative Nursing, Nursing Administration and Executive Leadership. She is a John Maxwell Trained Speaker and Coach and is also Adjunct Faculty at University of Maryland School of Nursing teaching Doctoral Level Nursing Leadership courses and is also adjunct faculty at Frances Payne Bolton School of Nursing at Case Western Reserve University. She was recently the System Chief Nursing Officer at University of Maryland Capital Region Health (UMCRH) in Maryland and was elected and served as the President of the Maryland Organization of Nurse Leaders. She was previously the Senior Vice President and Chief Nursing Officer at Union Hospital of Cecil County in Maryland for 5 years. Katie led

her team at Union to their second ANCC Pathway to Excellence designation and to win the coveted annual ANCC Pathway to Excellence award in 2017.

She also has strong partnerships with deans and chairs of nursing programs in the communities she has worked in to improve nursing curriculums and effectively preparing nurses to transition from novice to experts and has developed many nurse leaders from charge nurses to executives. She was a featured guest at the Inaugural SEHA nursing conference in Abu Dhabi which was a hospital system seeking ANCC Pathway Designation. She has also been invited to Capitol Hill in Washington DC with the American Organization of Nurse Leaders to discuss the havocs of regulatory burden on hospitals. She was recently identified August by the 2019 Health Leaders Journal as “One of Five Chief Nursing Officers Changing Healthcare”.



Dawn Bounds, PhD, PMHNP-BC

Dawn Bounds, PhD, PMHNP-BC

Dawn Bounds, PhD, PMHNP-BC, earned her BSN from the University of Illinois at Chicago, and her MSN and PhD in Nursing Science from Rush University's College of Nursing. Her dissertation, entitled *The Complexities of the Demand Side of the Online Commercial Sex Industry*, focused on unraveling complex issues related to the sexual exploitation of vulnerable people.

Dr. Bounds is an assistant professor in the Sue and Bill Gross School of Nursing at the University of California, Irvine. Her program of research is focused on the risk and resilience of youth. She has addressed gaps in both policy and practice related to youth homelessness, family functioning, commercial sexual exploitation/sex trafficking, and the sexual abuse to juvenile justice pipeline. Her current research focuses on leveraging wearable technology and neurofeedback to deliver interventions to adolescents with socially complex needs (i.e., adverse childhood experiences) and their caregivers.

Dr. Bounds is certified by the American Nurse's Credentialing Center (ANCC) as a Family Psychiatric-Mental Health Nurse Practitioner. She has extensive experience with youth and their families in a variety of settings including the Cook County Juvenile Detention Center, youth homeless shelters, school-based health centers, inpatient psychiatry, intensive outpatient and partial hospitalization programs. Her clinical practice includes developing and delivering community based, trauma-informed mental health care to youth and their families. She was the first nurse at Rush University Medical Center to secure support from the Chicago Institute of Translational Medicine's CTSA KL2 Scholar Program (NCATS).



Mary Lou de Leon Siantz PhD, RN, FAAN

Mary Lou de Leon Siantz, PhD, RN, FAAN

Mary Lou de Leon Siantz PhD, RN, FAAN, a Latina nurse from humble beginnings, is a rare and powerful force in academic science. The daughter of Mexican immigrants, de Leon Siantz learned English as a young girl, excelled in school, and grew up to become a pioneering scientist renowned for her research on migrant health and for her work to prepare health professionals for leadership and policy. Now she's working to help younger Latinas follow in her footsteps. An alumna of the Robert Wood Johnson Foundation (RWJF) Executive Nurse Fellows program (2004-2007), de Leon Siantz heads the Center for the Advancement of Multicultural Perspectives on Science (CAMPOS) at the University of California, Davis (UC Davis), an initiative that aims to increase the participation of women, and Latinas in particular, into the male-dominated fields of science, technology, engineering, and math (STEM).

As director of CAMPOS, de Leon Siantz, also a professor of nursing at the Betty Irene Moore School of Nursing at UC Davis, is trying to rectify that by working with the STEM schools at UC Davis to hire new faculty members who will serve as mentors and role models for aspiring female and Latina STEM scholars and who will conduct research of particular interest to underserved populations. The effort is de Leon Siantz' latest step on a professional journey aimed at narrowing health disparities. As an RWJF Executive Nurse Fellow, for example, she worked to persuade federal lawmakers to set aside funding for Milagros, a center she established to conduct research and provide training, technical assistance, and service learning in migrant health and education. The name of the center—which means 'miracles' in Spanish—reflects the harsh reality for many migrant families. "Anything that's positive for a migrant is pretty much a miracle."

She is a current member of the MFP/ANA National Advisory Committee.



Elizabeth Fildes, EdD, RN, CNE, PHNA-BC, FIANN, FAAN

Elizabeth Fildes, EdD, RN, CNE, PHNA-BC, FIANN, FAAN

Elizabeth Fildes, EdD, RN, CNE, PHNA-BC, FIANN, FAAN, is a Filipino-American nurse leader who demonstrates passion and sustained commitment to improving health outcomes of persons in the US and Philippines who suffer from tobacco use and addictions in all its forms. Her unique, systematic approach has included mobilizing nurses to provide education and therapeutic interventions to improve population health in direct support of the World Health Organization Framework Convention on Tobacco Control, established to combat the global tobacco epidemic. Her progressive track record spanning almost three decades of addressing tobacco control as an educator, researcher, and international collaborator, reflects successful ventures to seed ideas to healthcare, public health, and policy stakeholders, secure significant funding, and bring cutting edge programs to fruition through partnerships and empowerment of nurses. She

has implemented programs that have had an impact at the individual, community, and country level. Using lessons learned from establishing the Nevada Tobacco Users Helpline, she parleyed her policy experience into more rapid implementation of similar programs in the Philippines. With faculty and student engagement to augment public health interventions, she applied solutions cross culturally to make significant impact in clinical services and educational curricula in two countries.

She is the Vice Chair of the Substance Abuse and Mental Health Services Administration (SAMHSA) Minority Fellowship Program (MFP) at the American Nurses Association (ANA). She received her BSN degree at the University of Santo Tomas School of Nursing, Manila, Philippines, her MA degree at Teachers College, Columbia University, New York, and her EdD at Loyola University, Chicago. She is a Fellow of the American Academy of Nursing, and the International Nurses Society on Addictions.



Phyllis Sharps, PhD, MSN, RN, FAAN

Phyllis Sharps, PhD, MSN, RN, FAAN, Professor Emerita, is the Elsie M. Lawler Endowed Chair, associate dean for community programs and initiatives, and a professor at the Johns Hopkins School of Nursing. Dr. Sharps is the director for the Center for Community Innovations and Scholarships, which leads community nurse-managed centers through the East Baltimore Community Nurse Centers as well as the Health and Wellness Program at the Henderson Hopkins Partnership School. Her practice and research examine the consequences of intimate partner violence (IPV) among pregnant and parenting women, specifically the effects of IPV on the physical and mental health of pregnant women, infants, and very young children. She has published numerous articles on improving reproductive health and reducing violence among African American women. Dr. Sharps has been Principal

Phyllis Sharps, PhD, MSN, RN, FAAN

Investigator for a \$3.5 million, five-year research grant funded by the National Institute of Nursing Research (NINR)—the groundbreaking “Domestic Violence Enhanced Home Visitation (DOVE)” tested whether a public health nurse home visit intervention could reduce effects of IPV among pregnant women and their newborns. Currently, she is Principal Investigator for a second five-year NIH/NCID \$4.2 million grant, “Perinatal Nurse Home Visitation Enhanced with mHealth,” which tests the use of computer tablets for screening and intervening for IPV in the home. Dr. Sharps received a two-year, \$1.2 million grant from the Health Services Resources Administration (HRSA)—“Advanced Nurse Education Workforce (ANEW)”, which provides scholarships to primary care nurse practitioner students preparing to work among underserved populations.

In all, Dr. Sharps is author of more than 100 articles, one book, and 10 book chapters. She has presented peer-reviewed papers at national and international conferences. In 2009, Dr. Sharps gave testimony before the U.S. Congress and Speaker of the House Nancy Pelosi on the need to reform health care to provide better access to evidence-based nursing practice for pregnant women and new mothers. Other important policy initiatives informed by contributions from her multidisciplinary research teams have resulted in appointments to the Institute of Medicine (now National Academy of Medicine) Board on Military and Veterans Health and the IOM Committees on the Qualifications of Professionals Providing Mental Health Counseling Services under TRICARE. Appointment to the veterans’ health committee was in recognition of her work as a nurse in the military, her women’s health expertise, and her study of abuse during pregnancy in military women.

Dr. Sharps is a Fellow of the American Academy of Nursing, a 2013 inductee into the International Nurse Researcher Hall of Fame, Sigma Theta Tau International Nursing Honor Society, and 2015 recipient of the Visionary Pioneer Award from the University of Maryland School of Nursing. She received her BSN from University of Maryland School of Nursing, MS (Maternal and Child Health) from University of Delaware School of Nursing, and her doctorate from the University of Maryland School of Nursing. She also completed a fellowship in adolescent health at the University of Maryland School of Medicine.



Indrias G. Kassaye

Indrias G. Kassaye, author, film maker, and photographer joined the MFP Team in August 2021 as the Communications Manager. Career highlights include work as a photojournalist; as a communications specialist with UNICEF in Ethiopia, and Sierra Leone during the Ebola epidemic; and as a multi-media producer and media trainer for UN agencies and international NGOs. He is also the author of *Beyond the Throne: The Enduring Legacy of Haile Selassie I*. Indrias is the host of *Mental Health Trailblazers*, *Psychiatric Nurses Speak Up!* the MFP/ANA’s podcast and Moderator of the MFP/ANA online community, the Fellows Corner.

Indrias G. Kassaye



Sandra Oliver

Sandra Oliver

Sandra Oliver joined the MFP on January 7, 2019, as the full-time Program Specialist responsible for the development and maintenance of the MFP/ANA Personify database, the MFP/ANA e-Newsletter, and other programmatic activities in collaboration with the Project Director necessary to meet the program goals and objectives.



Marife C. Aczon-Armstrong, PhD, MSN, MSCP, BSN, RN-BC

Marife C. Aczon-Armstrong, PhD, MSN, MSCP, BSN, RN-BC

Marife C. Aczon-Armstrong, PhD, MSN, MSCP, BSN, RN-BC is a Fulbright Scholar Senior Specialist (2014-2018). She recently completed a grant project at Uganda Christian University in Mukono, Uganda, Africa, teaching in the Master of Science of Nursing Program. Dr. Aczon-Armstrong is currently Assistant Professor at Roseman University of Health Sciences College of Nursing.

Dr. Aczon-Armstrong is a SAMHSA MFP Alumna 2010. She received her MSN/PhD in Nursing at the University of Hawaii at Manoa and MS Counseling Psychology with focus on Community Counseling at Chaminade University of Honolulu. She completed her Bachelor of Science in Nursing at Hawaii Pacific University. Her doctoral dissertation is titled “Relation of Depression to Substance Use, Chronic Illnesses in Asian American Pacific Islanders in Hawaii”. Her peer-reviewed article, “Depression and Chronic Illness in Asian/Pacific Islander Adults in Hawaii” was published with Issues in Mental Health Nursing in 2013. As a member of Asian American Pacific Islander Nurses Association (AAPINA), she continues to focus on mental health issues in research. Her recent grant project as Okura Mental Health Fellow is related to implementation of a standardized tool in an inpatient healthcare setting to detect early signs of depression in chronically ill patients.

Her passion to serve the ethnic minority population globally keeps her motivated, finding innovative ideas to improve their health and well-being. She was elected as President of Philippine Nurses Association of Hawaii (PNAH) in 2014. She is a volunteer lecturer since 2011 for the Nursing Advocates & Mentors, Inc (NAMI), a non-profit corporation with a mission to address global nursing shortage by providing guidance and assistance for nursing colleagues to obtain their professional license in nursing. Dr. Aczon-Armstrong’s leadership qualities are evident with her role as Unit Council Chair for the Case Management Department and member of the Nursing Professional Development Council at her current employment. She is a strong advocate for improving nursing practice and advancing nurses’ role in healthcare.

Dr. Aczon-Armstrong hosts a radio program, “Healthy Mondays with Nurse Experts On-Air”, a community outreach. The show is broadcast every Monday over KNDI Radio 1270AM in a talk story format. Invited guests from local, national, and international health organizations join Dr. Aczon-Armstrong each week to talk about common healthcare issues in local communities. The concept originated from the National Institute of Health to promote healthy living starting on the first day of the week.



Audrey Strock, DNP, MSN, RN, AGPCNP-BC, PMHNP-BC

Audrey Strock DNP, MSN, RN, AGPCNP-BC, PMHNP-BC

Audrey Strock DNP, MSN, RN, AGPCNP-BC, PMHNP-BC, is a Colorado native. She has been a part of the MFP family since 2015. She has had a long academic career focusing on both physical and mental healthcare. Prior to her graduate studies, she had been awarded a Bachelor's Degree in Clinical Social Work with a Minor in Spanish from the Colorado State University, a Bachelor's Degree in Nursing from Regis University, graduating with Honors Magna cum Laude, and a Master's of Nursing/Nurse Practitioner from the University of Colorado, Colorado Springs as an Adult/Gerontology Nurse Practitioner, and a Post Master's from the University of Colorado, Anschutz Medical Campus as a Psychiatric Mental Health Nurse Practitioner. In 2019, she received her Doctor of Nursing Practice degree from the University of Colorado, Anschutz Medical Campus. Dr. Strock is Board Certified through the ANCC.

Being dually board certified, her interest is in both physical and mental health and more importantly the integration of the two together. She is passionate about integrative healthcare and filling gaps between the physical health and mental health systems. She also has extensive experience with substance use disorders and works closely with the Colorado Department of Corrections offering medication assisted treatments. She treats patients across the lifespan, treating patients as young as 5 years old.

Dr. Strock is an American Nurses Association/SAMHSA Minority Fellowship Program Youth/Masters and Doctoral Fellow Alumna. She was the recipient of the University of Colorado DNP Excellence Award in 2019 for her quality improvement project titled "Achieving Opioid Reduction or Remission Using Craving Assessments and Referral: A Quality Improvement Project."

Dr. Strock is the founder and owner of Strock Medical Group Psychiatry with offices in both Denver and Boulder Colorado. She is proud to have 6 MFP fellows on staff in her practice. She loves to teach and plans to join the faculty at University of Colorado, Anschutz Medical Campus in 2022. She is a current member of the MFP's National Advisory Committee.

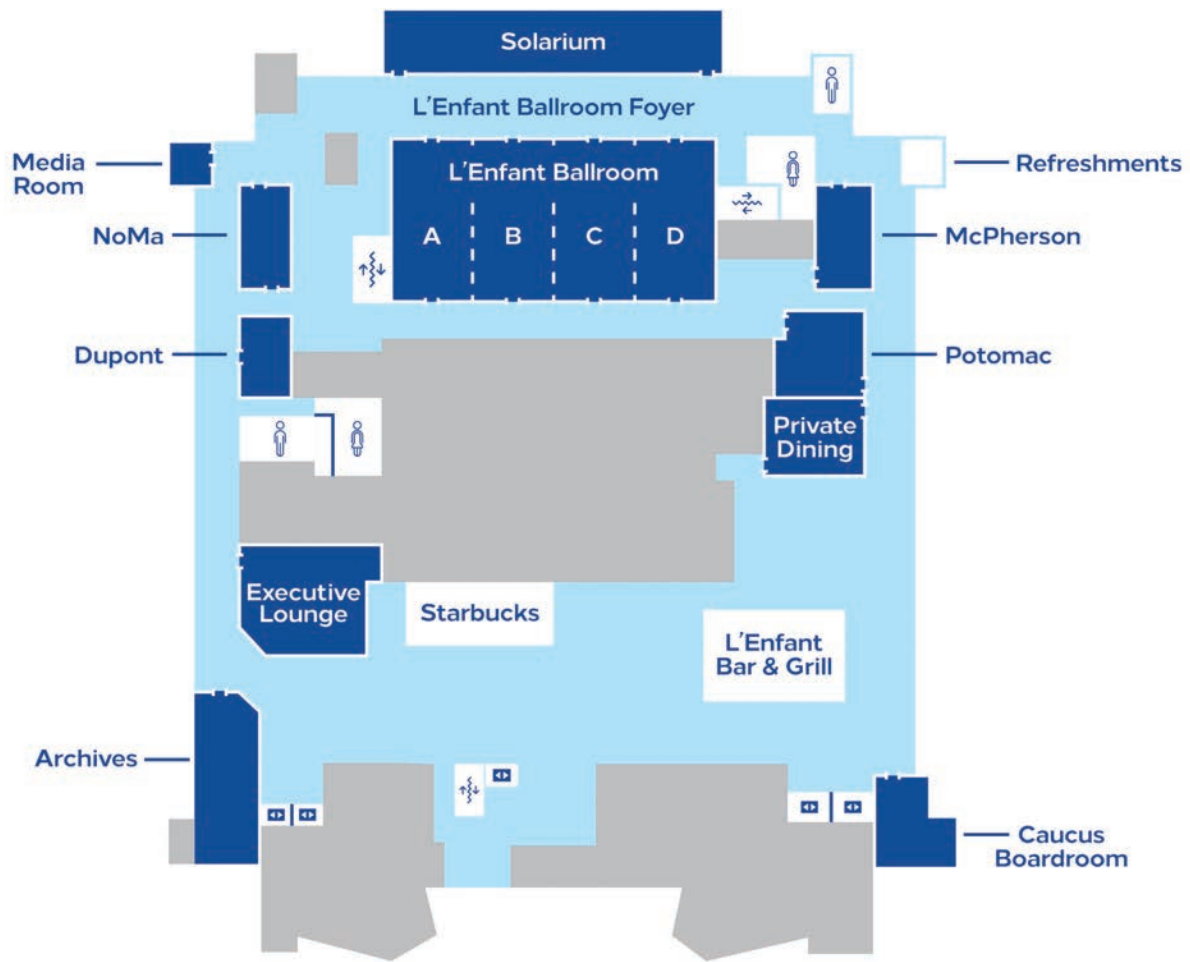


Samuel Suraphel

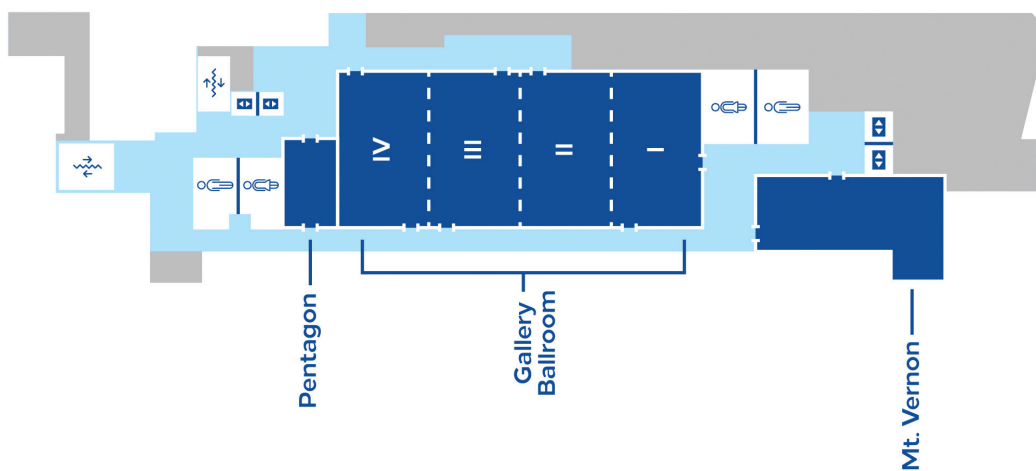
Samuel Suraphel joined the MFP Team as Program Manager in February 2015. With more than a decade of experience in program management and technology services, he manages all programmatic activities necessary to meet the program goals and objectives, including the MFP website, www.emfp.org and social media platforms **Facebook, Twitter, and Instagram**.

Samuel Suraphel

Lobby Level



Second Floor



FLOOR MAP KEY

- Meeting/Conference Rooms
- Public Space
- Amenities
- Private

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