

"One thing at a time."

This week's recommended Health and Wellness Activity:

Quick Stress Fix - 5 Minute Sequence



IF FEELINGS COULD TALK



The following articles may be of interest to you:

Demand for virtual mental health care is soaring. Here are key trends on who is using it and why

[Read more](#)

Nurses hospitalized with COVID

[Read more](#)

Early Trauma Influences Metabolism Across Generations

[Read more](#)

Prioritize the Right Way

[Read more](#)

Health Disparities:

How Indigenous Communities in Canada Organized an Exemplary Public Health Response to COVID

[Read more](#)

Hawaii COVID-19 Data For Race And Ethnicity Is Missing

[Read more](#)

In Mississippi, more White people now have gotten Covid-19 than African Americans...

[Read more](#)

UCLA health experts say Latinos hit hard by COVID because many are essential workers, left unprotected

[Read more](#)

CALL FOR APPLICATIONS!



Are you a psychiatric nurse pursuing a career that focuses on the prevention & treatment of mental illnesses & substance abuse? Are you in search of academic & financial support for your postgraduate degree? If you answered yes to these questions, visit <http://emfp.org> to learn more and to apply!

Deadline to apply is April 30, 2021



Eligibility Requirements

- Applicants must be an American citizen or permanent resident.
- Member of an ethnic or racial minority group.
- Doctoral applicants must have a Master's Degree or completed at least nine (9) credits related to Psychiatric/Mental Health or Substance Abuse.
- Master's level curriculum and plan of study must embody behavioral health disorders prevention, treatment, and recovery that are under girded with theoretical and clinical science.
- Masters applicants must be enrolled full-time in an accredited degree behavioral health (psychiatric mental health/substance use) program in nursing.
- Doctoral applicants must be enrolled as a full-time doctoral student in a fully accredited nursing program.
- Applicants must have an active Registered Nurse License.
- The documents included in your application (CV, recommendations, essay, etc.) should demonstrate your commitment to a career in substance abuse or psychiatric/mental health issues affecting minority populations.
- Fellows are required to commit to a minimum of 2 years' service in mental health and/or substance use after graduation.

New employment opportunity:

Practice Professor of
Psychiatric/Mental Health
Nursing (Open Rank)

Visit apply.interfolio.com/79482 for
more information and to apply.

The Coldiron Senior Nurse Executive Fellowship is currently accepting applications. Use the link provided directly below for more information and to apply.

case.edu/nursing/programs/shaughnessy-

Share your COVID-19 story! Visit bit.ly/3k7yTAz for more information.



[FREE virtual conference](#) CEUs available.

The International Society of Addictions Nurses is hosting a free virtual conference all through the month of October. Visit www.intnsa.org/conference/ for more information and to register.

STOP COVID-19 XENOPHOBIA
CLICK HERE TO REPORT ASIAN AMERICAN HATE CRIMES DUE TO COVID-19 MISINFORMATION.



SAMHSA.GOV

The Substance and Mental Health Services Administration (SAMHSA) website, SAMHSA.GOV, provides COVID-19 guidance and resources to assist individuals, providers, communities and states across the country. The website is updated daily.

Missed an issue? Check out our e-Newsletter archives at emfp.org/news/e-newsletters.

Did you enjoy today's e-Newsletter?

- Yes
- No

How likely are you to share one or more of the resources provided with a colleague?

- Likely
- Not likely

Submit

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