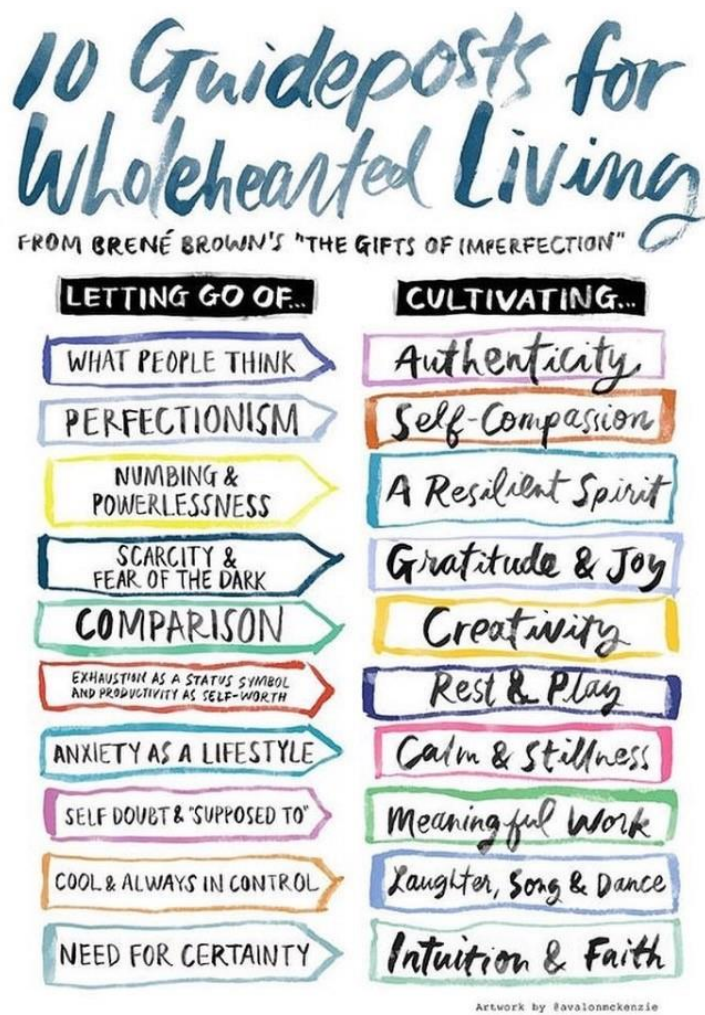


Health and Wellness Activity
Health Disparity Resources
October 23, 2020

"WITH A NEW DAY COMES NEW
STRENGTH AND NEW
THOUGHTS."

This week's recommended Health and Wellness Activity:

5-Minute Stress Relief



Suggested meditation read:

Feeling Overwhelmed

by Madisyn Taylor

[Read more](#)

The following articles may be of interest to you:

The Way We Work

[Read more](#)

Should covid be left to spread
among the young and
healthy?

[Read more](#)

Why rejection hurts so much — and what to do about it

[Read more](#)

Health Disparities:

People of color face significant barriers to mental health services

[Read more](#)

Workplace Mental Health for L.G.B.T.Q.+ Professionals

[Read more](#)

Indigenous mental health support network set to launch early 2021

[Read more](#)

Minorities' Covid Risk Unlikely Due to Genetics, Report Says

[Read more](#)

Researchers Find Doubts About COVID-19 Vaccine Among People Of Color

[Read more](#)

CALL FOR APPLICATIONS!



Are you a psychiatric nurse pursuing a career that focuses on the prevention & treatment of mental illnesses & substance abuse? Are you in search of academic & financial support for your postgraduate degree? If you answered yes to these questions, visit <http://empf.org> to learn more and to apply!

Deadline to apply is April 30, 2021



Eligibility Requirements

- Applicants must be an American citizen or permanent resident.
- Member of an ethnic or racial minority group.
- Doctoral applicants must have a Master's Degree or completed at least nine (9) credits related to Psychiatric/Mental Health or Substance Abuse.
- Master's level curriculum and plan of study must embody behavioral health disorders prevention, treatment, and recovery that are under girded with theoretical and clinical science.
- Masters applicants must be enrolled full-time in an accredited degree behavioral health (psychiatric mental health/substance use) program in nursing.
- Doctoral applicants must be enrolled as a full-time doctoral student in a fully accredited nursing program.
- Applicants must have an active Registered Nurse License.
- The documents included in your application (CV, recommendations, essay, etc.) should demonstrate your commitment to a career in substance abuse or psychiatric/mental health issues affecting minority populations.
- Fellows are required to commit to a minimum of 2 years' service in mental health and/or substance use after graduation.



**SHARE YOUR VOICE -
TAKE THE SURVEY NOW**

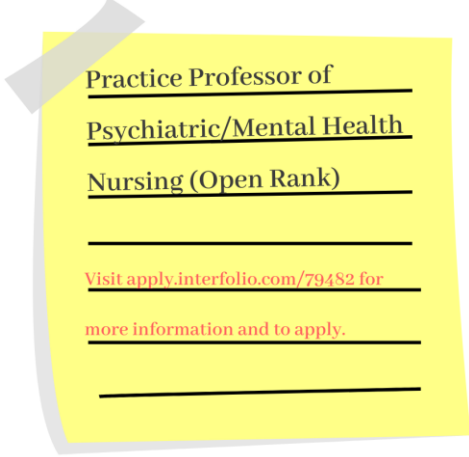
**PULSE ON THE
NATION'S NURSES**
A COVID-19 Survey Series



The following virtual seminar series may be of interest to you:

[Vanderbilt Institute for Infection, Immunology and Inflammation](#)

New employment opportunity:



The Coldiron Senior Nurse Executive Fellowship is currently accepting applications. Use the link provided directly below for more information and to apply.

case.edu/nursing/programs/shaughnessy-

FREE virtual conference CEUs available.

The International Society of Addictions Nurses is hosting a free virtual conference all through the month of October. Visit www.intnsa.org/conference/ for more information and to register.

Call for Papers- Journal of Psychoactive Drugs:

Please submit potential ideas for a Special Edition on Health Equity for the Journal of Psychoactive Drugs. A 2-page outline is due on October 27th for the potential paper, the edition will publish in late spring. Email MFP Alumna and National Advisory Committee member Dr. Tanya Sorrell at TANYA.SORRELL@CUANSCHUTZ.EDU with any questions.

Visit tandfonline.com/toc/ujpd20/current to submit paper concepts.

STOP COVID-19 XENOPHOBIA
CLICK HERE TO REPORT ASIAN AMERICAN HATE CRIMES DUE TO COVID-19 MISINFORMATION.



The Substance and Mental Health Services Administration (SAMHSA) website, SAMHSA.GOV, provides COVID-19 guidance and resources to assist individuals, providers, communities and states across the country. The website is updated daily.

Missed an issue? Check out our e-Newsletter archives at emfp.org/news/e-newsletters.

Did you enjoy today's e-Newsletter?

- Yes
- No

How likely are you to share one or more of the resources provided with a colleague?

- Likely
- Not likely



Stay connected! Follow us on social media.



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