

Health and Wellness Activity  
COVID-19 Resources

March 26, 2020

"You don't have to see the whole staircase, just take the first step."



MFP/ANA e-Newsletter

This week's recommended Health and Wellness Activity:

**10-Minute Easy+ Effective Yoga**



The following articles may be of interest to you:

**9 lies about life that lead you straight to burnout.**

[thriveglobal.com](http://thriveglobal.com)

[Read more](#)

**The Important Difference Between Anxiety and Fear**

[www.hilaryjacobshendel.com](http://www.hilaryjacobshendel.com)

[Read more](#)

**13 Mental Health & Wellness Resources For Asian-American Communities**

[www.bustle.com](http://www.bustle.com)

[Read more](#)

**Health Disparities:**

**Addressing Racial Divides In Health Care Seen As Key To Boosting Black Vaccination**

[www.npr.org](http://www.npr.org)

[Read more](#)

**The Impact of the Overdose Crisis on the Latino Community in California**

[drugpolicy.org](http://drugpolicy.org)

[Read more](#)

**Social Determinants of Health Stymied Pandemic Telehealth Use**

[mhealthintelligence.com](http://mhealthintelligence.com)

[Read more](#)

## Announcements



Congratulations to MFP/ANA National Advisory Committee Chair Dr. Bridgette M. Brawner for receiving her first international Diversity and Equity Award from the International Society of Psychiatric-Mental Health Nurses and the [Penn Nursing Dean's Award](#) for Distinguished Teaching!

### Effective Health Care Program

Health Topics Products Consumers Research Methods & Tools Get Involved

Home » Webform » Products » Algorithms Bias Healthcare Delivery » Use of Clinical Algorithms That Hi

#### Use of Clinical Algorithms That Have the Potent Introduce Racial/Ethnic Bias Into Healthcare D

Open for submission until 11:59 p.m. eastern time on Tue, 05/04/2021 - 00:00

[View the Request for Information](#)

The Agency for Healthcare Research and Quality (AHRQ) requests comments from the public on clinical algorithms that are used or recommended in medical practice and any evidence on clinical algorithms that may introduce bias into clinical decision making and/or influence access to care, quality of care, or health outcomes for racial and ethnic minorities and those who are socioeconomically disadvantaged. Member include healthcare providers, clinical decision support developers, healthcare delivery organization developers, payers, researchers, device manufacturers, and laboratorians among others.

Researcher's may address one or more of the topics below. AHRQ is interested in all of this a

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## CALL FOR APPLICATIONS!



Are you a psychiatric nurse pursuing a career that focuses on the prevention & treatment of mental illnesses & substance abuse? Are you in search of academic & financial support for your postgraduate degree? If you answered yes to these questions, visit <http://emfp.org> to learn more and to apply!



#### Eligibility Requirements

- Applicants must be an American citizen or permanent resident.
- Member of an ethnic or racial minority group.
- Doctoral applicants must have a Master's Degree or completed at least nine (9) credits related to Psychiatric/Mental Health or Substance Abuse.
- Master's level curriculum and plan of study must embody behavioral health disorders prevention, treatment, and recovery that are under girded with theoretical and clinical science.
- Masters applicants must be enrolled full-time in an accredited degree behavioral health (psychiatric mental health/substance use) program in nursing.
- Doctoral applicants must be enrolled as a full-time doctoral student in a fully accredited nursing program.
- Applicants must have an active Registered Nurse License.
- The documents included in your application (CV, recommendations, essay, etc.) should demonstrate your commitment to a career in substance abuse or psychiatric/mental health issues affecting minority populations.
- Fellows are required to commit to a minimum of 2 years' service in mental health and/or substance use after graduation.

APPLY NOW AT [APPLY.EMFP.ORG](http://APPLY.EMFP.ORG)

#### EMFP Call for Fellowship Applications

The Interdisciplinary Minority Fellowship Program (MFP) is funded by a new grant from the federal Substance Abuse and Mental Health Services Administration (SAMHSA). This fellowship program is designed for master's and doctoral students in psychology, nursing, social work, marriage and family therapy, mental health counseling, and substance use and addiction counseling whose training prepares them for careers in behavioral health services for ethnic and racial minorities who have a mental or cooccurring mental and substance use disorder.

APPLICATIONS NOW OPEN  
for the  
2021-2022 Academic Year!

Applicants must:

- Be U.S. citizens, permanent residents, or noncitizen nationals.
- Have a strong commitment to a career in racial/ethnic minority behavioral health services.
- Complete a community project during each year of funding.
- Sign a letter of commitment attesting that they will work for a period of two years in a capacity that addresses the behavioral health needs of racial and ethnic minority populations.

Applicants may apply for more than one MFP fellowship. If accepted to more than one the applicant must choose one fellowship.

[Click here to learn more and to apply](#) Due April 15, 2021



### STOP COVID-19 XENOPHOBIA

CLICK HERE TO REPORT  
ASIAN AMERICAN HATE  
CRIMES DUE TO COVID-19  
MISINFORMATION.



**SAMHSA.GOV**

The Substance and Mental Health Services Administration (SAMHSA) website, SAMHSA.GOV, provides COVID-19 guidance and resources to assist individuals, providers, communities and states across the country. The website is updated daily.

Missed an issue? Check out our e-Newsletter archives at [emfp.org/news/e-newsletters](http://emfp.org/news/e-newsletters).

Please email [mfp@ana.org](mailto:mfp@ana.org) for an accessible copy of this e-Newsletter.

Did you enjoy today's e-Newsletter?

- Yes  
 No

How likely are you to share one or more of the resources provided with a colleague?

- Likely  
 Not likely

Submit

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SAMHSA Minority Fellowship Program 8515 Georgia Avenue, Suite 400 Silver Spring, Maryland 20910-3492 United States (301) 628-5247