

# WOMEN'S *HERSTORY* MONTH 2022



MARCH 30, 2022



The Substance Abuse and Mental Health Services Administration (SAMHSA) Minority Fellowship Program (MFP) at the American Nurses Association (ANA) is proud to highlight twenty MFP/ANA women trailblazers during Women's Herstory Month 2022. This week we recognize Dawn Bounds, PhD, RN, PMHNP-BC, Michelle DeCoux Hampton, PhD, RN, MS, CS, Coretta Jenerette, PhD, RN, CNE, FAAN, Mijung Park, PhD, RN, MPH, Mayola Rowser, PhD, RN, DNP, FNP-BC, PMHNP, Ester Ruiz, PhD, RN, PMHNP-BC, Audrey Strock, DNP, RN, MSN, and Cheryl L. Woods Giscombe PhD, RN, PMHNP.

**Dawn Bounds**  
**PhD, RN, PMHNP-BC**



Dr. Bounds earned her BSN from the University of Illinois at Chicago, and her MSN and PhD in Nursing Science from Rush University's College of Nursing. Her dissertation, entitled *The Complexities of the Demand Side of the Online Commercial Sex Industry*, focused on unraveling complex issues related to the sexual exploitation of vulnerable people. Dr. Bounds is an assistant professor in the Sue and Bill Gross School of Nursing at the University of California, Irvine. Her program of research is focused on the risk and resilience of youth. She has

addressed gaps in both policy and practice related to youth homelessness, family functioning, commercial sexual exploitation/sex trafficking, and the sexual abuse to juvenile justice pipeline. Her current research focuses on leveraging wearable technology and neurofeedback to deliver interventions to adolescents with socially complex needs (i.e., adverse childhood experiences) and their caregivers. Assistant Professor Dr. Dawn Bounds has been named a member of a UC-systemwide Health Sciences Diversity, Equity, and Inclusion (DEI) Leadership Collaborative. The collaborative, a group of UC system DEI health sciences leaders, will work to advance the 18 recommendations of the UC Health DEI Taskforce report, *Disrupting the Status*.

Dr. Bounds is certified by the American Nurse's Credentialing Center (ANCC) as a Family Psychiatric-Mental Health Nurse Practitioner. She has extensive experience with youth and their families in a variety of settings including the Cook County Juvenile Detention Center, youth homeless shelters, school-based health centers, inpatient psychiatry, intensive outpatient, and partial hospitalization programs. Her clinical practice includes developing and delivering community based, trauma-informed

mental health care to youth and their families. She was the first nurse at Rush University Medical Center to secure support from the Chicago Institute of Translational Medicine's CTSA KL2 Scholar Program (NCATS). She is an alumna of the SAMHSA Minority Fellowship Program at the American Nurses Association, 'c'15.

---

**Michelle DeCoux Hampton**  
**PhD, RN, MS, CS**



Dr. Hampton graduated from the University of California, San Francisco (UCSF), School of Nursing's PhD program in 2007 and completed a postdoctoral fellowship with the UCSF International Center for HIV AIDS Research and Clinical Training in Nursing in 2009. She was formerly Professor and Doctor of Nursing Practice Program Director at Samuel Merritt University, School of Nursing in Oakland, California and is currently a Special Director for Diversity, Equity, and Inclusion and Associate Professor in The Valley Foundation School of

Nursing at San Jose State University. Her research interests include ethnic disparities in mental health service utilization, medical co-morbidity, and recovery for African Americans with severe mental illness, as well as the support of scientific writing development in graduate nursing students. A registered nurse since 2004, Dr. Hampton has experience in caring for adults with mental illness in acute care psychiatry, community mental health, and skilled nursing settings prior to entering academia. In 2013, she was awarded the Sigma Theta Tau International (Nu Xi Chapter) for Excellence in Teaching. Throughout her work as a psychiatric nurse and as a nursing educator and scholar, she has engaged in research and published original research and review articles in peer-reviewed journals. Prior to being awarded the SAMHSA MFP at ANA fellowship, Dr. Hampton was awarded the National Institute

of Mental Health Summer Research Fellowship, National Institute of Nursing Research Supplement for Underrepresented Minorities, UCSF Regents Opportunity Fellowship, and a Professional Nurse Traineeship.

Dr. Hampton is a member of the American Nurses Association, American Psychiatric Nurses Association, and the American Public Health Association. She is an alumna of the SAMHSA Minority Fellowship Program at the American Nurses Association, .c'07.

---

**Coretta Jenerette**  
**PhD, RN, CNE, FAAN**



Dr. Jenerette is currently an Associate Dean for Diversity, Equity, and Inclusion at the University of South Carolina. She earned her PhD and MSN in nursing from the University of South Carolina and BSN from Clemson University. She completed a certificate in nursing education at The University of North Carolina at Chapel Hill and is a certified nurse educator. She also completed post-doctoral fellowships at both Yale University and The University of North Carolina at Chapel Hill.

Dr. Jenerette is a Fellow in the American Academy of Nursing, Macy Faculty Scholar, standing member of the National Institute for Nursing Research NRRC study section and the treasurer for the International Association for Sickle Cell Nurses and Professional Associates. She has served as a NIH Health Disparities Scholar and in the NIH Early Career Reviewer Program. Dr. Jenerette's internationally recognized program of research is aimed at enhancing self-care and family management in vulnerable populations such as individuals with sickle cell disease. She is dedicated to educating future nurse scientists about the role of social determinants of health (SDH) on health outcomes. As a Macy Faculty

Scholar, Dr. Jenerette will focus on enhancing PhD programs with simulations that expose PhD students to the social determinants of health (SDH) and interprofessional education (IP/IPE). She is an alumna of the SAMHSA Minority Fellowship Program at the American Nurses Association, 'c'04.

---

**Mijung Park**  
**PhD, RN, MPH**



Dr. Park is a tenured Associate Professor at the University of California, San Francisco (UCSF) School of Nursing. Dr. Park aims to optimize our ability to manage our own health and well-being through research and education. As a nurse scientist and health services researcher, Dr. Park examines various social and societal factors that may affect our health and well-being. For example, she is one of the early investigators who examined how our living conditions (such as our neighborhood) impact the

biological aging processes. Additionally, over the past decade, Dr. Park has extensively published on how culture provides an important context of health behaviors and health outcomes. Over the past decades, Dr. Park's research has examined the salient roles the family and informal caregivers play in successful chronic disease self-management among culturally and economically diverse populations.

Methodologically, Dr. Park has extensive training in qualitative research (specialized in Interpretive Phenomenology), quantitative data analyses using large data set, mixed methods research, and meta-analyses. As a nurse educator, Dr. Park has keen interest and passion for educating next generations of nurses, nurse scientists, and the public. She has taught both undergraduate and graduate courses about diverse topics including psychiatric mental health nursing, health policy, family theory,

research methodologies, and philosophy of science. In addition, Dr. Park mentors and advises a multidisciplinary team of future health care providers and scientists. Dr. Park received her PhD from the University of California San Francisco and an MPH in Health Services from the University of Washington Seattle. Her MPH was concentrated in Health Systems and Policy Analyses.

She Has been an active member of the SAMHSA Minority Fellowship Program since 2021 and mentors MFP Fellows.

---

**Mayola Rowser**  
**PhD, RN, DNP, FNP-BC, PMHNP**



Dr. Rowser is the Jack Taylor Dean and Professor of Goldfarb School of Nursing at Barnes-Jewish College. Dr. Rowser joined Goldfarb from the University of Southern Indiana, where she held a number of positions over the past 13 years, including director of Graduate Studies since 2015, assistant dean and director of community health centers. Dr. Rowser previously served the College of Nursing and Health Professions as assistant dean and chair of the Doctor of Nursing Practice Program, assistant professor of nursing, and as

project coordinator, project director, and principal investigator for a Health Resource Services Administration grant. She is the 2005 recipient of the Academic Excellence and Community Service Award from UTHSC, the 2003 recipient of the Distinguished Nursing Alumni Award from USI's College of Nursing and Health Professions, and a 2002 recipient of the Substance Abuse and Mental Health Services Administration (SAMHSA) Minority Fellowship at the American Nurses Association. She holds professional memberships in various organizations; has been published in numerous journals and publications; and is a regular presenter at

regional, national, and international conferences and events. She also has been instrumental in securing numerous grants for USI.

She is an alumna of the SAMHSA Minority Fellowship Program at the American Nurses Association, earning both her Doctorate in Nursing Practice (DNP) and PhD, 'c'.08, while in the program, making her the first known nurse in the world at that time to hold both degrees. Additionally, she has mentored MFP/ANA Fellows and served as a member of the MFP/ANA National Advisory Committee from 2017-2021.

---

**Ester Ruiz**  
**PhD, RN, PMHNP-BC**



Dr. Ruiz began her career at Arizona State University (ASU), College of Nursing & Health Innovation (CONHI) in 1981 as adjunct faculty, then as Director of Student Services, Minority Student Advisor, Assistant Professor and as Professor until her retirement in 2010. For many years, she was only one of a few Hispanic nurses in the western United States to have earned a PhD. Dr. Ruiz co-founded both the Nursing Students for Cultural & Ethnic Diversity at ASU and the National Association of Hispanic Nurses, Phoenix Chapter in 1991.

Dr. Ruiz has made her clinical and education career unique and worthy of recognition for her tireless efforts and countless volunteer hours in providing mental services to the uninsured and low-income community. Dr. Ruiz was involved in many research studies focused on improving the quality of mental health care in the Hispanic community and narrowing health care disparities. Dr. Ruiz's impact on the Hispanic community, nursing students, and nurse colleagues has been monumental. She has taught nurses how to integrate and provide mental health nursing skills in our patient care and has also provided leadership and mentorship to

students advancing in their practice by serving as an advisor on their theses and applied projects. She is an alumna of the SAMHSA Minority Fellowship Program at the American Nurses Association, 'c'94.

View Dr. Ruiz' recorded interview after receiving the Latino Excellence in Health and Sciences Award and learn more about the organizations Dr. Ruiz co-founded and their impact at <https://profiles.valledelsol.com/profile/dr-ester-ruiz>.

---

**Audrey Strock**  
**DNP, RN, MSN**



Dr. Strock is a Colorado native. She has been affiliated with the MFP family since 2015. She has had a long academic career focusing on both physical and mental healthcare. She earned a Bachelor's degree in Clinical Social Work with a Minor in Spanish from the Colorado State University, a Bachelor's Degree in Nursing from Regis University, graduating with Honors Magna Cum Laude, and a Master's of Nursing from the University of Colorado, Colorado Springs as an Adult Gerontology Nurse Practitioner, and a Post Master's

from the University of Colorado, Anschutz Medical Campus as a Psychiatric Mental Health Nurse Practitioner. In 2019, she received her Doctor of Nursing Practice degree from the University of Colorado, Anschutz Medical Campus. Dr. Strock is Board Certified through the ANCC. Being dually board certified, her interest is in both physical and mental health and the integration of both. She is passionate about integrative healthcare and filling gaps between the physical health and mental health systems. She also has extensive experience with substance use disorders and works closely with the Colorado Department of Corrections offering medication assisted treatments.



She treats patients across the lifespan, treating patients as young as 5 years old. Dr. Strock is an American Nurses Association/SAMHSA Minority Fellowship Program Youth/Masters and Doctoral Fellow Alumna, 'c'19.

Dr. Strock was the recipient of the University of Colorado DNP Excellence Award in 2019 for her quality improvement project titled "Achieving Opioid Reduction or Remission Using Craving Assessments and Referral: A Quality Improvement Project" and also a recipient of the Faye A. Gary MFP Leadership Scholarship Recipient in 2019. She is the founder and owner of Strock Medical Group Psychiatry with offices in both Denver and Boulder Colorado. She is proud to have 6 MFP fellows on staff in her practice. She loves to teach and plans to join the faculty at University of Colorado, Anschutz Medical Campus in 2022.

---

**Cheryl L. Woods Giscombe**  
**PhD, RN, PMHNP**



Dr. Woods Giscombe is a current Associate Professor, with tenure-Melissa and Harry LeVine Family and Distinguished Associate Professor in Quality of Life, Health Promotion, and Wellness in the School of Nursing at the University of North Carolina at Chapel Hill (UNC), Dr. Giscombe graduated from Stony Brook University with a Bachelor of Science in Nursing and masters and doctorate degrees in Social and Health Psychology. She obtained a certification in Holistic Health from the Institute of Integrative Nutrition in Manhattan, New York.

In addition, Dr. Giscombe completed a National Institute of Health (NIH) T32 postdoctoral fellowship at the University of North Carolina at Chapel Hill, as a research affiliate of the UNC Program on Integrative Medicine (UNC School of Medicine). In 2009, Dr. Giscombe received her post-master's certificate in nursing and received board certification as a

Psychiatric-Mental Health Nurse Practitioner from UNC at Chapel Hill. Dr. Giscombe's program of research focuses on incorporating a sociohistorical lens to investigate how stress and coping strategies contribute to the psychological and physical health status of African American women and to develop culturally relevant strategies to prevent stress-related mental health outcomes, including depression, disordered eating, and substance abuse and related adverse physical health conditions.

Dr. Giscombe holds a particular interest in the potential of integrative approaches to reducing mental health-related disparities among African Americans. Prior to being awarded the SAMHSA fellowship, Dr. Giscombe received funding by the National Institute of Nursing Research, Center for Innovations in Health Disparities Research (UNC Chapel Hill School of Nursing), National Institute of General Medical Sciences (MARC U\* Star Program), Nurses Educational Funds, Inc., W.B. Burghardt Turner Fellowship, and the American Psychological Association (Division of Health Psychology). Other honors and awards include, but are not limited to, being recognized as one of "100 Great Nurses of North Carolina," Health Disparities Research Loan Repayment Awardee National Center for Minority Health and Health Disparities, University of North Carolina's School of Nursing Faculty Award for Excellence in Doctoral Mentorship, and North Carolina School of Science and Mathematics Chancellor's Award for Exemplary Service. In 2018 Dr. Giscombe was featured in a one-on-one interview titled "A Conversation with Cheryl Giscombe: The Unique Stress Black Women Face."

Her most recent publication, "The Giscombe Superwoman Schema Questionnaire: Psychometric Properties and Associations with Mental Health and Health Behaviors in African American Women" can be found in Issues in Mental Health Nursing Journal, volume 40. She the immediate past president of the International Society of Psychiatric Nurses (ISPN) and post-doctoral alumna of the SAMHSA Minority Fellowship Program at the American Nurses Association, 'c'2009.

---



**[www.twitter.com/anamfp](http://www.twitter.com/anamfp)**

**[www.instagram.com/samhsamfp](http://www.instagram.com/samhsamfp)**

**[www.facebook.com/samhsamfp](http://www.facebook.com/samhsamfp)**

**<https://www.linkedin.com/company/samhsamfp>**

Funding for this announcement brochure was made possible (in part) by Grant Number 5H79SM080386-04 from SAMHSA. The views expressed in written training materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.